



WESTERVILLE CITY SCHOOLS MIDDLE SCHOOL LUNCH MENU SCHOOL YEAR 2009-2010

WEEK 1	Chicken Sandwich Happy Smiley Potatoes Chilled Mandarin Oranges Iced Cold Milk	Hamburger OR #BBQ Pork Burger Corn-on-the-Cob Baked Beans Iced Cold Milk	Cheese Pizza Crisp Tossed Salad Fresh Fruit Munchies Kid's Mix Iced Cold Milk	Hot Dog OR Sloppy Joes Oven Baked Tator Tots Chilled Applesauce Iced Cold Milk	Beef Stroganoff Breadstick (wheat) Seasoned Peas Frozen Strawberry Yogurt Iced Cold Milk	AUGUST M T W TH F 31 26 27 28	SEPTEMBER M T W TH F 1 2 3 4 7 8 9 10 11 14 15 16 17 18 21 22 23 24 25 28 29 30	OCTOBER M T W TH F 1 2 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30
WEEK 2	Cheese Quesadilla Mexicali Rice Chilled Fruit Cocktail 100 Calorie Oreo Crisps Iced Cold Milk	Chicken Drumstick OR Shrimp Poppers Baked Potato Broccoli w/Cheese Sauce Chilled Peaches Iced Cold Milk	#Pepperoni Pizza Crisp Tossed Salad Fresh Fruit Tiny Pretzel Twists Iced Cold Milk	PASTA DAY!!! Pasta w/Meat Sauce OR Pasta w/Marinara Sauce Italian Green Beans Chilled Pineapple Iced Cold Milk	Grilled Cheese Sandwich Tomato Soup Oyster Crackers Chilled Pears Iced Cold Milk	NOVEMBER M T W TH F 2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 27 30	DECEMBER M T W TH F 1 2 3 4 7 8 9 10 11 14 15 16 17 18 21 22 23 24 25 28 29 30 31	JANUARY M T W TH F 1 4 5 6 7 8 11 12 13 14 15 18 19 20 21 22 25 26 27 28 29
WEEK 3	French Toast w/Sausage Crispy Hash Brown Fruit Juice Iced Cold Milk	Twin Mini Cheeseburgers OR Fish Treasures Cheesy Au gratin Potatoes Chilled Fruit Cocktail Iced Cold Milk	Cheese Pizza Crisp Tossed Salad Fresh Apple Slices w/Dip Munchies Kid's Mix Iced Cold Milk	Soft Beef Tacos OR Walking Taco W/Lettuce,Cheese, Salsa Cheesy Refried Beans Applesauce & Cheese Nips Iced Cold Milk	MASHED Potato BOWL!!! Mashed Potatoes w/Popcorn Chicken, Corn, Gravy and Shredded Cheese Chilled Peaches Iced Cold Milk	FEBRUARY M T W TH F 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26	MARCH M T W TH F 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26 29 30 31	APRIL M T W TH F 1 2 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30
WEEK 4	Chicken Dipper Cosmic Potatoes Cherry Icee Iced Cold Milk	Stuffed Cheese Breadstick OR Ravioli w/Breadstick (wheat) Seasoned Peas Chilled Applesauce Iced Cold Milk	#Pepperoni Pizza Dippers Crisp Tossed Salad 100% Fruit Juice Icee Cup Tiny Pretzel Twists Iced Cold Milk	Mini Corn Dogs OR Cheesy Macaroni Steamed Broccoli Chilled Peaches Iced Cold Milk	Cheeseburger Football Spudster Potatoes Pudding Cup Iced Cold Milk	MAY M T W TH F 3 4 5 6 7 10 11 12 13 14 17 18 19 20 21 24 25 26 27 28 31	JUNE M T W TH F 1 2 3 4 7 8	www.wcsch.org LUNCH PRICES: Middle Schools \$2.50 Reduced \$.40 Extra Milk \$.50 BREAKFAST \$1.50
WEEK 5	Chicken Nuggets Potato Coins Fresh Fruit 100 Calorie Cookie Crisps Iced Cold Milk	Max Mexican Wrap OR Meatball Sub Seasoned Green Beans Baby Luvs Carrots 100% Fruit Juice Icee Cup Iced Cold Milk	Cheese Pizza Crisp Tossed Salad Apple Crisp Munchies Kid's Mix Iced Cold Milk	Chili OR #Pulled Pork Minis Cornbread Peach Cobbler Cheese Nips Ice Cold Milk	RICE BOWL DAY!!! Popcorn Chicken w/Vegetable Fried Rice, Fortune Cookie Mini Veggie Egg Roll Chilled Mandarin Oranges Iced Cold Milk	# Indicates Pork Product Also offered daily: Deli Sandwich Chef Salad PBJ Uncrustable Food Service 614/797-5993	BREAKFAST MENU Offered Daily: Assorted Cereal, Breakfast Bars, Breakfast Pastries, or Graham Snacks 100% Fruit Juice and Milk offered with Breakfast	

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS OR UNPLANNED SCHOOL CLOSINGS
Each week is represented by color (No color/shading indicates NO SCHOOL for middle school students)
Choice of entrée on Tuesdays and Thursdays
Daily Entrée Alternates: Chef Salad, Deli Sandwich, PBJ Uncrustable
NOTE: Friday of Week 4, Side Dish will be Spudster Potatoes or Chicken n' Stars Soup
Soup and Fruit are seasonal items, please call the Food Service Office with questions (614/797-5993)
All items offered are in compliance with the USDA guidelines for foods offered for sale

Parents are encouraged to prepay for lunches and breakfasts
Methods of payment accepted: check, cash, money order, online payments
Payable to : Westerville City Schools, Food Service Dept.

Credit card payments may ONLY be made ONLINE at www.wcsch.org and then
go to the quick links column on the left, click on EZPay School Fees/Lunch Accounts link
and follow the directions