

**5 WEEK WESTERVILLE ELEMENTARY BREAKFAST MENU CYCLE FOR 2009-2010**

|               | <b>MONDAY</b>                       | <b>TUESDAY</b>                             | <b>WEDNESDAY</b>                                                  | <b>THURSDAY</b>                          | <b>FRIDAY</b>                                          |
|---------------|-------------------------------------|--------------------------------------------|-------------------------------------------------------------------|------------------------------------------|--------------------------------------------------------|
| <b>WEEK 1</b> | Honey Nut Cheerios<br>Juice<br>Milk | Apple Cinnamon Cereal Bar<br>Juice<br>Milk | Apple Jack's*<br>Juice<br>Milk                                    | Cap's Gregory Honey Bun<br>Juice<br>Milk | Vanilla Clodhoppers<br>(Graham Wafer)<br>Juice<br>Milk |
| <b>WEEK 2</b> | Frosted Flakes*<br>Juice<br>Milk    | Fortified Breakfast Bun<br>Juice<br>Milk   | Froot Loops*<br>Juice<br>Milk                                     | Choc-Muffin Mini<br>Juice<br>Milk        | Butter Maple Snackenwaffles<br>Juice<br>Milk           |
| <b>WEEK 3</b> | Corn Pops<br>Juice<br>Milk          | Strawberry Cheerios Bar<br>Juice<br>Milk   | Berry Kix<br>Juice<br>Milk                                        | Powdered Baseballs<br>Juice<br>Milk      | Cocoa Clodhoppers<br>(Graham Wafer)<br>Juice<br>Milk   |
| <b>WEEK 4</b> | Lucky Charms<br>Juice<br>Milk       | Golden Grahams Cereal<br>Juice<br>Milk     | Cocoa Puffs Cereal<br>Juice<br>Milk                               | Mini Maple Pancakes<br>Juice<br>Milk     | French Toast Grahams<br>(Crunchmania)<br>Juice<br>Milk |
| <b>WEEK 5</b> | Raisin Bran Cereal<br>Juice<br>Milk | Peanut Butter/Jelly Bar<br>Juice<br>Milk   | Sugar Smacks OR<br>Cook's Choice (cereal or bar)<br>Juice<br>Milk | Blueberry Mini Muffin<br>Juice<br>Milk   | Cake Football<br>Juice<br>Milk                         |

\* indicates reduced sugar